

Notes

Phases of Singing

1. Preparation - mentally prepared; think about singing while singing; emotionally prepared, check your bags at the door; Physically prepared, have rest, be nourished, be hydrated, general good health. Alignment bottom to top, feet shoulder width, neck are shoulder width, pelvis forward, ribcage comfortably high, shoulders back down and relax neck = bobble head, chin parallel to floor, spine elongated.

2. Inhalation

Valve open; air enters lungs as the diaphragm descends in a relaxed state

3. Suspension

Value still open; part, this is where the diaphragm contracts. (Valve - open when singing, closed when defacating)

4. Phonation - the process -

As air passes through the folds, they vibrate and create sounds. Don't close the valve

Beroulli effect - air rushing across the folds allows them to vibrate

5. Resonation

The amplification of sounds. 1. Pharynx: the distance between the larynx and the roof of the mouth (soft palate); 2. Oral cavity - the space inside the mouth, we have the most control over this; 3. Nasal cavity - best resonance (Doooh/Swan) (Bright/Barks)

6. Articulation - we articulate the note and the text. Articulators = tongue, teeth, lips, hard/soft palate. Vowels = Open (uh, oh), Closed (ee, oo), Neutral (uh, ə, diphthong (eeoo)); Beauty lies in the vowel, then drama lies in the consonants. Consonants - Voiced (vocal chords vibrate), Unvoiced (vocal chords don't vibrate)

voiced v and f unvoiced
b and p
s and z

3 Nasal consonants (n, m, ng)

7. Expression (communication)

Facial Expressions, Body language,

Phases 1-6 are the pedagogy

Vocal Expression.

Relaxation: alveolar air stays in place and the diaphragm ascends. Ties all the phases together.

Name Hayla Pierre

Date 9/4/15 Period 4

100

Quiz

Identify the proper phase of singing associated with each of the follow phrases.

1. Voiced/ unvoiced consonants

Articulation

2. Diaphragm relaxes and descends

Inhalation

3. Pharynx, Oral Cavity, Nasal Cavities

Resonation

4. "Valve" remains open

Suspension

5. Amplification

Resonation

6. The "art" of singing - phrasing / word stress

Expression

7. Alignment of the body

~~Preparation~~
Preparation

8. Open, closed, neutral, diphtong

Articulation

9. Vibration that creates sound.

Phonation

10. Relax abdominal muscles / Prepare to begin next phrase

relaxation

Preparation
Inhalation
Phonation
Suspension

Resonation
Articulation
Expression
Release